



THE PARENTS' CLUB

One of the key words associated with childhood is *change*. We see our children transforming at an amazing speed: gaining weight and height, expressing more clearly what they feel or need, making fast and creative connections with the information they have and gradually creating their first relations with those around.

For parents and carers, this whole process may seem at times confusing. *Is my child's behaviour natural? What makes him/her act this way? What should I do when he acts like this?*

These are frequent questions in the minds of parents or educators.



The IBSB Parent Support Group is organised according to the following principles:

- ◆ Flexible and adaptive people survive more effectively
- ◆ Everyone is entitled to a life of dignity
- ◆ Effective parents feel OK about themselves and their children
- ◆ Effective parents know their own strengths and weaknesses and have a sense of self worth which guides their actions

Join and share your successes and creative solutions in child education, get support for difficult situations, discuss different issues and find practical information and competent strategies regarding child psychology and development.

Structure:

- ◆ 2 meetings/ month
- ◆ 2 hours/ meeting
- ◆ The theme of every meeting will be established in advance together with the whole group
- ◆ Maximum number of members per group(Key Stage): 10

Moderator:

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